



New Student Form

Date: _____
 Student Name: _____
 Date of Birth: _____

Contact Information	Emergency Contact Information
E-mail address: _____	Name: _____
Phone: _____	Phone: _____
Street: _____	Relationship: _____
City/State/Zip: _____	

Please add me to the Valley Vinyasa Yoga Studio e-mail list (we promise not to overload your inbox!)

How did you hear about Valley Vinyasa Yoga Studio?

<input type="checkbox"/> Drove by/saw sign	<input type="checkbox"/> E-mail	<input type="checkbox"/> St. Luke's Spirit of Women
<input type="checkbox"/> Facebook	<input type="checkbox"/> Print Ad	<input type="checkbox"/> Other (please explain)
<input type="checkbox"/> Referred by a friend	<input type="checkbox"/> Wildhorse Creek	_____

Describe your past experience with Yoga

<input type="checkbox"/> I've never done yoga	Do you have any injuries or physical limitations we should know about? <input type="checkbox"/> No <input type="checkbox"/> Yes _____ _____
<input type="checkbox"/> I have practiced yoga occasionally	
<input type="checkbox"/> I have a regular yoga practice	
<input type="checkbox"/> I am a yoga instructor	

What times are best for you to attend yoga class? (check all that apply)

<input type="checkbox"/> Weekday early morning (before work)	<input type="checkbox"/> Saturday morning
<input type="checkbox"/> Weekday mid-morning	<input type="checkbox"/> Saturday afternoon
<input type="checkbox"/> Weekday lunch hour	<input type="checkbox"/> Sunday morning
<input type="checkbox"/> Weekday early evening (right after work)	<input type="checkbox"/> Sunday afternoon
<input type="checkbox"/> Weekday late evening (7:00ish)	<input type="checkbox"/> Sunday evening

How many classes per week do you hope to attend?

<input type="checkbox"/> 1 class/week
<input type="checkbox"/> 2-3 classes/week
<input type="checkbox"/> 4 or more classes/week

What benefits do you hope to gain from practicing yoga? _____

Other interests/passions: _____



Student Liability Release

With my signature below, I agree that Valley Vinyasa Yoga Studio is in no way responsible for the safekeeping of my personal belongings while I attend class. I understand that classes at Valley Vinyasa Yoga Studio may be physically strenuous and I voluntarily participate in them with the full knowledge that there is risk of personal injury, property loss or death. I agree that neither I, my heirs, assigns or legal representatives will sue or make any other claims of any kind whatsoever against Valley Vinyasa Yoga Studio or its members for any personal injury, property damage/loss, or wrongful death, whether caused by negligence or otherwise.

Signed

Date